

BIKE THE WOODLANDS MAY 2026



2026 Event Guide

Resources, Maps, Rides, Events & More!





Bike The Woodlands Month 2026 is produced by The Woodlands Township with support from Bike The Woodlands Coalition and the following generous sponsors. Thank you for your support and commitment to bicycling in The Woodlands!



About the Event Guide

The Woodlands Township and Bike The Woodlands Coalition invite community members of all ages to explore The Woodlands on two wheels! Use this event guide to explore the wide variety of rides, workshops, meetups, and other bike-related celebrations in our community all month long.

Registration is required for most events, and space is limited. Please note that registration, helmets, and waivers are required for all riding events. Minors must be accompanied by an adult for all riding events. Each event will have a minimum participation requirement. Event details, locations, and times are subject to change, and new events may be added.

Participants who register for one or more events will receive a special Bike Month commemorative shirt! Shirts will be available for pickup on a first-come, first-served basis at the Bike The Woodlands Day event on Saturday 5/16.

To register for an event, visit <https://www.thewoodlandsparks.com/Events/Bike-Month>.

Events in this guide are color coded to match events listed on the Bike Month Calendar. You'll find events in this guide listed with the following colors and categories:

Signature Events

Bike Month Workshops & Meetups

National Events

Bike Month Competitions

Social Rides

Community Rides

Bike Month Competitions

Bike Month Competitions

Bike The Woodlands Scholarship Program, 4/1-4/20

Learn more and enter at bikethewoodlands.org/scholarship

For Bike Month 2026, Bike The Woodlands invites local students to enter our second-annual scholarship competition. Students in grades 3 through 8 are invited to submit essays from 4/1 through 4/20. Winners will be announced at Bike The Woodlands Day at Rob Fleming Recreation Center on Saturday 5/16.

This year's essay topic:

"Over the last few years, more and more people are riding motorized electric vehicles on The Woodlands Township's pathway system, even though motorized vehicles are not permitted on the pathways. Many area residents have expressed concerns about safety, from the safety of young people riding these devices to the safety of people who walk, run, bike, and otherwise share the pathways.

What do you think about these vehicles? Are they more helpful or harmful? And what would you do to help make our community's pathways safer?"

Please email Bike The Woodlands Coalition with questions at info@bikethewoodlands.org.

Bike Month Ride Challenge, 5/1-5/15

As part of Bike The Woodlands Month, join the bike challenge and log your miles between May 1 through 15. The top male and top female participant will be chosen based on the most miles logged. Prizes will be awarded at the Bike The Woodlands Day event on Saturday, May 16 at the amphitheater at Rob Fleming Park.

To register:

1. Join the Ride Challenge Club: <https://www.strava.com/clubs/BikeMonth2026>
2. If prompted, log in with your existing Strava account or create a new account.
3. Throughout the challenge periods, log miles riding your bicycle using the Strava Apple iOS app, Google Android app or the Strava website.
4. You must also register for the Ride Challenge on the Bike Month registration site to be eligible.

For more information, please contact specialevents@thewoodlandstowship-tx.gov.

Bike Month Events

Signature Events

National Tandem Bicycle Day, hosted by House of Tandems

Sunday 3/3, 10 AM - 2 PM, Rob Fleming Aquatic Center Parking Lot

Register at www.thewoodlandsparks.com/Events/Bike-Month

Learn about tandems from a local family-owned business with over 20 years of tandem cycling experience and 30 years of cycling; to include repairs, upgrades, and sales. House of Tandems' long legacy and expertise has awarded them with customers from around the world, and you have the privilege of this shop in your community! Compare different types of tandems, hear from an active cycling family (complete with a three-year-old), learn how blind athletes are given a second chance through the use of tandems, see a carbon fiber 3-seater tandem that can convert to a 2-seater tandem, see the tandem that supported a 70-year old couple over 1,000 miles, and test ride test ride tandems to your heart's content at this free event. Come join us on the First-Annual National Tandem Bicycle Day at Rob Fleming Aquatic Center, hosted by a founding member of National Tandem Bicycle Association, House of Tandems.

Signature Events

Bike Month Bike Swap, hosted by The Woodlands Township

Saturday 5/9, 9 AM-12 PM, Northshore Park

No registration required, Participants who choose to register will receive a free shirt.

Ready to ride into something new? Come out to the Bike Swap! Vendors will have various bikes and bike parts to buy, sell, and trade at this one-day event. Whether you're simply tuning up your ride, clearing out the garage, or have outgrown your set of wheels, you'll be back on the pathways in no time.

Here's what you can expect:

- Various vendors with bike parts and accessories such as seats, chains, pedals, and more
- Swap corral where you can drop off your unwanted bike and choose another that suits your needs, as supply allows. Free inspections offered when leaving with a bike
- Educational resources and expert booths
- Coffee truck and the chance to mingle with fellow cyclists

What you can bring:

- Bikes
- Parts including but not limited to chains, seats, pedals, and more
- Accessories such as lights, repair kits, and bike bags
- Apparel

Bike The Woodlands encourages all participants to ensure any helmet they leave with has not yet expired and remains crack-free.

Are you interested in becoming a vendor at the Bike Swap? Individuals and businesses can apply here to be a seller/swapper or provide an informational booth. Whether you have one table worth of items or are bursting at the seams with bikes and bike parts, we would love to have you join us! Spots are limited. Apply today!

The Bike Swap is hosted by Bike The Woodlands and The Woodlands Township Environmental Services Department in partnership with Recycled Cycles of Texas.

Signature Events

Bike The Woodlands Day, hosted by The Woodlands Township

Saturday 5/16, 9 AM-12 PM, Rob Fleming Recreation Center

No registration required. Participants who choose to register will receive a free shirt.

Mark your calendars for Bike Month's biggest event: our annual Bike The Woodlands Day celebration! Whether you bike, walk, or drive, join us at beautiful Rob Fleming Park for a celebration of all things cycling. Meet local bike experts and enthusiasts, whether your passion is mountain biking, triathlon bikes, hybrids, or cruisers. To attend this event, ride or drive to Rob Fleming Recreation Center and look for the tents set up in the parking lot.

True to the spirit of Bike Month, there's no better way to celebrate than by riding your bike! Gather your friends, neighbors, and family for a group ride to this premier cycling event in The Woodlands. Plus, the first 200 bikers and first responders to arrive will receive a free snowcone, courtesy of Kona Ice North Houston. Whether you bike, walk, or drive, we invite you to join us for Bike The Woodlands Day as we celebrate our community's commitment to being bicycle-friendly!

At the event, you can choose to join volunteer leaders for one of three signature rides. All rides will depart at 9:30 a.m. and last about one hour.

- **The Pathways Ride:** A relaxed 5-7-mile ride around The Woodlands Township's paved pathways, perfect for riders of all ages. Children must be accompanied by an adult.
- **The Road Ride:** A slightly longer 15-mile route on the roads of the Village of Creekside Park for more experienced cyclists.
- **The Trail Ride:** A moderate 5-10 mile ride in the George Mitchell Preserve on the system of trails accessible from Rob Fleming Park.

At 11 AM, join us back at the Rec Center for our awards ceremony! Come out to see who will be crowned the winners of the Bike Month Ride Challenge for highest mileage, and find out the winners of Bike The Woodlands Coalition's second-annual scholarship competition.

Social Rides

Women's Mountain Bike Ride, Sponsored by TXTRI

Tuesday 5/5, 9 AM, Creekside Park West Trailhead, Dr. Ann Snyder Drive

Register at www.thewoodlandsparks.com/Events/Bike-Month

Come explore the trails of Creekside Park with a trail ride led by TXTRI's Sandra Sutherland. Helmets and trail-ready bikes required, and lunch to follow at The Wheel Kitchen. For more information, please contact txtri@att.net.

Discover the Villages Rides, Sponsored by TXTRI

Thursdays in May, 8:45 AM, various locations

Register at www.thewoodlandsparks.com/Events/Bike-Month

Discover your neighborhood or explore new villages on two wheels! Sandra Sutherland from TXTRI, along with coaches, will guide you through scenic routes to some of the most beautiful spots in our town. Join us at 8:45 a.m. at the designated locations/dates listed below for check-in. Each suggested route is approximately 10 miles. Click on each location to view the route details. Helmets are required! For more information, please contact txtri@att.net.

Ride locations are:

Thursday 5/7: Creekside Park, meet at Rob Fleming Recreation Center

Thursday 5/14: Panther Creek, meet at Brooklyn Cafe, Panther Creek Shopping Center

Thursday 5/21: Sterling Ridge/Indian Springs, meet at Terramont Park

Thursday 5/28: Alden Bridge, meet at El Chaparro, Alden Bridge Shopping Center

Social Rides

Discover Your Trails Rides, Sponsored by NICA Green Dragons

Thursdays in May, 4:45 PM, Rob Fleming Recreation Center

Register at www.thewoodlandsparks.com/Events/Bike-Month

In addition to our 200+ miles of paved pathways, The Woodlands boasts some fantastic off-road trails, and these rides will introduce you to some of the area's most accessible natural surface paths. Helmets are required, and we strongly recommend bringing adequate hydration—at least one bottle of water or sports drink. Bikes should be in good working condition and properly maintained, suitable for trail riding. Minors must be accompanied by an adult. Check-in begins at 4:45 PM at the Recreation Center at Rob Fleming Park. Ride distances will vary.

Saturday Road Rides, Sponsored by Bikeland

Saturdays in May, 7:30 AM, Whole Foods Parking Lot, Hughes Landing

Register at www.thewoodlandsparks.com/Events/Bike-Month

Several local groups host road rides during the week, and local shop Bikeland is inviting Bike Month participants to join their weekly Saturday shop rides. Rides range in length from 30-50 miles with an average speed of 18-20 MPH. Contact Bikeland for more details and route information.

Mother's Day Public Art Roll, Sponsored by Bike The Woodlands

Sunday 5/10, 2 PM, Sawmill Park

Register at www.thewoodlandsparks.com/Events/Bike-Month

The Woodlands is home to an incredible collection of public art. Join Bike The Woodlands board members for a roll around the pathways to explore some of The Woodlands Township's best public art. This ride will be about 6.4 miles long and will stay on the pathway system, mostly in the village of Grogan's Mill. We may even find our way back to the Sawmill Park Sprayground to cool off. Visit the Maps page of the Bike The Woodlands website to explore this and other public art loop maps:

<https://www.bikethewoodlands.org/maps>

Social Rides

Nature Ride, Sponsored by All Bodies on Bikes HTX

Saturday 5/30, 9 AM, Ann Snyder Drive, Creekside West Trailhead

Register at www.thewoodlandsparks.com/Events/Bike-Month

Looking for a fun way to spend your Saturday morning before it gets too hot? Join us for a slow nature ride. This family friendly ride will meet at on Ann Snyder Drive at the Creekside West Trailhead and we will ride slowly on a level pathway a short distance to the new Township Bird Blind. Former Township Park Ranger and All Bodies On Bikes HTX leader Sarah Freeman will lead this ride and point out birds and other wildlife along the way. This ride should last about an hour. Please register in advance; this event will be postponed in case of rain or wet trail conditions.

Moonlight Ride, Sponsored by Bike The Woodlands

Saturday 5/30, 7:30 PM, Northshore Park

Register at www.thewoodlandsparks.com/Events/Bike-Month

Looking for a fun way to spend a Saturday night in our beautiful community? Join us for our annual Moonlight Ride, which starts and ends at Northshore Park. The family-friendly ride will last about an hour and conclude shortly after sunset at 8:10 p.m. Helmets and front and rear lights are required, and volunteers from Bike The Woodlands will have lights available. Meet us at 7:30 PM near the restrooms and the big tree at Northshore Park. Feel free to bring extra lights for decoration, they're encouraged!

Bike Month Workshops & Meetups

Bike The Woodlands Annual Meeting

Wednesday 4/29, 6 PM, Rob Fleming Recreation Center

Registration available at <https://btwc2026.eventbrite.com>

Join Bike The Woodlands Coalition for the 2026 Annual Meeting and discover more about the initiatives supporting Bike Month in The Woodlands. This event will also provide information on how you can get involved. The meeting is free and open to the public, with light dinner and refreshments available. Attendees are encouraged to bike to the event!

Bikeland Maintenance Workshops, Sponsored by Bikeland

Mondays and Wednesdays at 6PM

Bikeland, 19189 I-45 B, Shenandoah, TX 77385

Registration available at [2026 Bike Month Registration](#)

Join seasoned bike mechanics from local bike shop Bikeland to learn basic and advanced skills for tuning up and taking care of your ride. Registration is required and space is limited for these fun, hands-on events. Be sure to bring your bike!

Ride Dates:

- Monday 5/4, 6
- Wednesday 5/13,
- Monday 5/18,
- Wednesday 5/27,

Bike To Work Week Meetup

Tuesday 5/12, 5-7 PM, The Goose's Acre, Waterway Square

Registration available at bikethewoodlands.org/bike-month

Are you an aspiring bike commuter or a seasoned biker to work? Come join fellow cyclists for a celebration of biking to work in a happy hour on The Woodlands Waterway. Meet us on the downstairs patio of The Goose's Acre and chat about the fun and challenges of riding a bike to work. This event will be part of our community's celebration of National Bike to Work Week from Monday 5/11 through Friday 5/15.

National Events

National Bike & Roll To School Day

Wednesday 5/6

No registration required

Wednesday 5/6 is National Bike & Roll to School Day! The Woodlands Township and Bike The Woodlands Coalition are excited to encourage students, teachers, and staff to bike, walk, or roll to school in celebration of Bike Month this May. We invite families to plan ahead by discussing safe routes to school, safety equipment (like helmets), and road-sharing rules. Families can also consider organizing a "bike train," riding together with neighbors and friends. Participating schools will have the chance to win a fun prize! If you take part, be sure to snap a photo and tag your school, @BikeTheWoodlands, and @TheTownshipTX on Facebook or Instagram.

National Ride of Silence Day

Wednesday 5/13

No registration required

National Ride of Silence Day is a global event held on the third Wednesday of May, dedicated to honoring cyclists who have been injured or killed by motorists, promoting road-sharing, and raising awareness of bicycling safety. Residents are invited to participate in a silent ride with friends and family to commemorate this important day. Suggested activities include a safety briefing (helmets and lights are required if riding in the evening) and a reading of the names of cyclists who have been injured or killed. Join us in showing support and promoting safer roads for all.

National Events

National Bike To Work Week

Monday 5/11 through Friday 5/15

No registration required

Do you live or work in The Woodlands or nearby communities? Maybe you've considered biking to work occasionally, or even better, you're already part of our growing community of bike commuters in The Woodlands. This event is designed to encourage regular car commuters to try biking as an alternative for getting to and from work. Bike to work challenge will offer more flexibility for employees and employers, helping to create a bicycle-friendly work environment.

This year, we're encouraging local businesses to support employees in new ways.

Here's how you can get involved:

- **Promote Bike to Work Day:** Spread the word via email, Slack, or Teams messages to let employees know they're part of a national movement promoting active transportation.
- **Prepare your space:** Do you have safe bike parking? A place for employees to change clothes? Will you encourage a bike convoy or meetup? Don't forget to snap a photo!
- **Offer incentives:** Motivate employees to participate by offering a giveaway or providing free coffee and snacks.

Be sure to tag @BikeTheWoodlands and @TheWoodlandsTownship in your Bike to Work Week photos on social media!

Community Rides

The Woodlands is home to a variety of local rides led by community members and local bike shops. To learn about these rides, check out the most updated version of the Bike Month Calendar on The Woodlands Township's Bike Month page, or check out the Local Ride Calendar page of the Bike The Woodlands website at www.bikethewoodlands.org/rides.

The regular rides listed on the Bike Month Calendar are:

- Love and Coffee Ride, Friday mornings
- Dirt Church, Sunday mornings

Please note that these community rides are not sponsored or endorsed by The Woodlands Township or Bike The Woodlands Coalition. Instead, we list these rides to help community members connect with local cyclists and cycling groups. Your mileage may vary.

Digital Safety Resources

- [The Woodlands Township](#)
 - [Bicycling in The Woodlands](#)
 - [Pedestrian and Bicycle Master Plan](#)
 - [Parks and Pathways GIS Map](#)
 - [Parks and Pathways PDF Map](#)
 - [Township GIS Maps Gallery](#)
- [Bike The Woodlands Coalition](#)
 - [Online Maps](#)
 - [Safety Guidelines](#)
 - [Bike-Centric Groups & Organizations](#)
- [The League of American Bicyclists](#)
 - [Smart Cycling Videos](#)
 - [Smart Cycling Tips](#)
- [Bike Texas \(state advocacy organization\)](#)
- [American Bicycling Education Association](#)
- [Cycling Savvy](#)

Children's Bicycling Safety Resources & Downloadable

<https://www.safekids.org/tip/bike-safety-tips>(Safe Kids Worldwide)

[Safe Kids Greater Houston](#)

[Safe Routes to School Handbook](#) (Bike Texas)

[Bike Coloring Sheet](#) (Texas Children's Hospital)

[Bike Safety Crossword Puzzle](#) (Texas Children's Hospital)

[Bicycle Safety Word Search](#) (Texas Children's Hospital)

[Bike to School Day Crossword Puzzle](#) (Walk & Bike to School)

[Bike to School Day Word Find](#) (Walk & Bike to School)

[Bicycle Safety & Helmet Use Video](#) (Texas Children's Hospital)

[Helmet Safety & Proper Usage](#) (Texas Children's Hospital)